

Women's basketball: CU Buffs roll past Regis in exhibition

Bufs focus on inside game early

By Joshua Linden Camera Sports Writer
Boulder Daily Camera

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Granted, no one is mistaking the Regis women's basketball team's frontcourt for Baylor's. Or for any of those of the Colorado Buffaloes' new Pac-12 Conference foes either.

But the Buffs made clear early on Sunday that getting the ball inside will be a bigger emphasis this season than any in recent memory.

Now head coach Linda Lappe would like to see more of it.

Senior forward Julie Seabrook and sophomore center Rachel Hargis combined to score the Buffs' first 10 points and 14 of their first 23 in a 78-40 exhibition rout of the Division-II Rangers.

The only downside was that neither scored again past the 9:42 mark of the first half. Seabrook finished with the eight points she scored in the first five minutes. And Hargis scored six as the Buffs raced out to a 27-10 lead early that was extended to 40-18 just before halftime.

"We have to have an inside presence, and we kind of went away from that pretty early," Lappe said. "And I think you could see the difference in our team. We have to be somebody that can utilize our 3-point shot and hit our outside shots. But at the same time we need some easy baskets."

All of the 6-foot-3 Seabrook's and 6-4 Hargis' points came either in the paint or from the free-throw line against a Regis squad whose only player over 6-feet was 6-1 forward Sarah Feeney. Seabrook and Hargis combined to go 6 of 10 from the field in the first half.

The Buffs have struggled to have much inside punch ever since the graduation of Jackie McFarland in 2008. Seabrook was the only inside player with any experience on last year's squad. But after coming in as a raw freshman whose contributions came more on the defensive end last year, Hargis said she's ready to produce in the lane with Seabrook this season.

"Both me and Julie have worked really hard this offseason putting on more muscle mass and just getting stronger down low," Hargis said. "We've really worked on our turnaround jumpers and being able to post up easily and not even have to make a move and just go up strong and score."

Sunday's game provided a walkthrough for Friday's official season opener against Northern Arizona.

While there were bumps along the way, including too many turnovers (17) and some shooting struggles, the Buffs were sound in most areas.

They dominated Regis on the boards with a 50-28 rebounding edge. Their man-to-man defense held the Rangers to 30 fewer shot attempts than CU and 30 percent shooting from the floor. And the Buffs snared 17 steals and handed out 17 assists on 29 made baskets.

"I liked at times defensively the things that we did," Lappe said. "We didn't sustain it for 40 minutes by any means."

As the Buffs touted throughout preseason camp, their scoring came from all over the floor. All 10 players in uniform played, and nine scored.

After two points and three assists as a distributor in the first half, junior point guard Chucky Jeffery went to work in the second, scoring the Buffs' first six points and finishing with 14 to lead the team along with freshman guard Lexy Kresl.

Sophomore twin guards Brittany and Ashley Wilson pitched in 12 and 10 points respectively, with the former adding six assists and the latter six rebounds. Junior Meagan Malcolm-Peck led the team with 10 rebounds.

Regis, led by eight points from Tae'lor Purdy, played even with the Buffs through the first nine minutes of the second half before back-to-back treys by the Wilson twins got the rout going again.

"I thought offensively we got any shot that we wanted," Lappe said. "Now we just have to step up and knock them down. I thought we worked together really well."

Freshman forward Arielle Roberson missed the game as expected with a back injury. But her four classmates all saw action off the bench, with three playing significant minutes.

Kresl struggled to find her 3-point range early but hit a pair late and also had a pair of steals. Wing Jasmine Sborov scored six points and looked impressive at times running the floor and mixing it up defensively, but fouled out.

Forward Jen Reese had five points, five rebounds and three steals.

"Just realizing kind of that all the work is coming together and it's finally starting, I have a good feeling about it," Kresl said. "That's pretty much all I felt that this is going to be a good season."

Notable

Attendance was 673. ... The Buffs improved to 22-0 all-time in exhibition games. ... The Buffs went back to white for their home uniforms after wearing light gold last season.

Colorado 78, Regis 40 REGIS (40)

MIN FG 3PT FT Rb PF TP

Martine 22 2-5 0-0 0-1 3 0 4

Feeney 15 2-4 0-1 3-4 0 7 7

Purdy 22 2-5 0-1 4-4 5 1 8

Ameling 20 0-5 0-0 4-4 0 2 4

Vader 11 0-2 0-1 0-0 2 2 0

Hollenga 15 1-1 0-0 4-4 3 2 6

Von Stein 18 0-3 0-3 0-0 0 0 0

Klapperich 6 1-1 0-0 0-1 0 1 2

Brzeczek 12 1-3 0-1 0-0 1 2 2

O'Toole 11 0-5 0-0 0-0 1 0 0

Deremo 7 0-0 0-0 0-0 0 1 0

Collins 19 1-2 0-0 0-0 2 4 2

Larson 5 0-0 0-0 0-0 1 1 0

Seefeldt 17 2-4 0-0 1-2 3 1 5

Totals 200 12-40 0-7 16-20 28 18 40

Assists (6): Von Stein 2, Purdy 2, Ameling, Collins.

Steals (4): Ameling 2, Von Stein, Seefeldt.

Turnovers (32): Feeney 5, Purdy 4, Vader 4, Martine 3, Ameling 3, Von Stein 3, Brzeczek 3, O'Toole 2, Collins 2, Hollenga, Deremo.

Blocked shots (3): Feeney, Purdy, Hollenga.

COLORADO (78)

MIN FG 3PT FT Rb PF TP

MM-Peck 26 1-4 1-4 0-1 10 2 3

Seabrook 21 4-7 0-1 0-0 8 3 8

Hargis 16 2-8 0-0 2-2 4 2 6

A. Wilson 23 3-8 1-2 3-6 6 1 10

Jeffery 30 6-13 0-1 2-4 4 1 14

Kresl 21 4-10 2-8 4-6 2 0 14

Lee 1 0-0 0-0 0-0 0 0 0

B. Wilson 27 5-12 2-5 0-1 3 2 12

Sborov 15 2-5 0-0 2-2 5 5 6

Reese 20 2-3 0-0 1-1 5 3 5

Totals 200 29-70 6-21 14-23 50 19 78

Assists (17): B. Wilson 6, Jeffery 5, A. Wilson, Malcolm-Peck, Hargis, Kresl, Reese.

Steals (17): Seabrook 3, Jeffery 3, Reese 3, A. Wilson 2, Kresl 2, B. Wilson 2, Sborov 2.

Turnovers (17): Seabrook 5, A. Wilson 4, Malcolm-Peck 3, B. Wilson 2, Jeffery, Kresl, Sborov.

Blocked shots (6): Hargis 3, A. Wilson, B. Wilson, Reese.

Halftime score: Colorado 40, Regis 20.

Technical fouls -- none.

Attendance -- 673.

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NOVEMBER 7, 2011, 1:54 PM

CU women's hoops fortunate to have freshman Lexy Kresl

By **TOM KENSLE** |  No Comments

Long-range shooters are always in demand but now even more so for women's college basketball.

Beginning this season, the 3-point line was moved out a foot from 19 feet, 9 inches to the men's distance of 20 feet, 9 inches.

That's why Colorado coach Linda Lappe landing freshman sharpshooter Lexy Kresl, a 5-foot-11 guard, could prove to be a shrewd move.

In Sunday's 78-40 exhibition victory over Regis, CU players combined for just 6-for-21 from 3-point range. Kresl tied for the team high with a pair of 3s. She went 2-for-8, but settled down after missing her first four treys.

Kresl, from the Phoenix area, averaged 25 points as a senior and 27 as a junior at Shadow Mountain High School. Her thing is shooting 3-pointers, which is a good thing for CU, especially considering the new arc.

Kresl tied junior guard Chucky Jeffery for game-high scoring honors with 14 points.

"I was definitely a little nervous in the beginning," Kresl said. "But I got used to it as the game went on. ... I have a good feeling about this season."

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